



THE DIABETES & NUTRITION DEPARTMENT



**NEW
COOKING
CLASS
SERIES**



Deliciously HEALTHY

**WE NEED
YOUR
FEEDBACK**

THE DIABETES & NUTRITION DEPARTMENT IS LAUNCHING A NEW 6-WEEK COOKING COURSE SERIES!
IF YOU ARE INTERESTED IN SIGNING UP OR LEARNING MORE, PLEASE SCAN THE QR CODE BELOW TO
TAKE A BRIEF SURVEY.

CLASS EXPECTED START DATE IN MAY, TIME AND DAY TBD.
(YOUR SURVEY RESPONSE WILL HELP US WITH THIS!)

◆ **6-WEEK COOKING SERIES** ◆

THE WELLNESS CENTER TEACHING KITCHEN



THE WELLNESS CENTER
1561 WATASHEAMU RD
GARDNERVILLE, NV 89460

ONLINE SURVEYS NOT YOUR
THING? PLEASE CALL LINDSAY
JESSUP FOR MORE INFO
775- 309-5341

SURVEYMON-
KEY.COM/R/
DELICIOUSLY-
HEALTHYWTHC